



Benjamin Franklin Hodges

January 2, 1945 - May 31, 2026

Frank Hodges of Cary, NC passed away at home Sunday May 31, 2026, after a short illness. Born on January 2, 1945, in Portsmouth, VA, Frank was known for his dry wit, kind heart, and unwavering generosity. He graduated from The University of North Carolina, Chapel Hill and was proud to be a Tarheel. While in school Frank met and married Sarah, his wife of 59 years. The majority of Frank's career he worked for Bellsouth and later State Government where he forged lifelong friendships. He was a devoted father, who adored his daughters, Milly and Audrey, and took immense pride in their lives and accomplishments. Frank was quite the character and loved entertaining family and friends, especially hosting the annual White Rose Christmas parties with Sarah. In retirement, Frank could be found shopping specials at the local grocery store and doing his water walking at the Wellness center pool. Frank is survived by his wife Sarah, sister Ethel McVickers (Gary), daughter Milly (Mark), and daughter Audrey (Jason). He was preceded in death by his sister Virginia Tew.

A celebration of life will be held later this summer. In lieu of flowers, the family suggests donations to the Food Bank of Central and Eastern NC or Interfaith Food Shuttle.

[<https://foodbankcenc.org/>]

[<https://foodshuttle.org/>]

Frank always said, "it's good to be seen," and the world was a better place

with him in it. He will be missed immensely.

Tribute Wall

BB

“ Frank was someone who one could not help but like. He worked in Hopkins Pharmacy while we were both in high school. He would give me an extra scoop of ice cream when he worked the soda fountain counter. He always went out of the way to make you feel special.
Bill Birmingham

Bill Birmingham - June 05 at 12:01 PM

MW

“ Sarah, Milly & Audrey....My heart breaks for you. So many years of memories with him & your family that are racing through my mind. He was such a wonderful guy. Sending you all our love. Mac & Vivian Williamson

Mac & Vivian Williamson - June 03 at 07:29 PM

KD

“ Sarah. Milly and Audrey - I am so sad for you three. Frank leaves a huge space without his presence, his voice, his laughter, and enthusiasm for everything. I have so many great memories of swim team trips, events, and swim meets. He was a sweetheart, will miss the twinkle in his eye and big smile, that booming voice! Till we meet again, my friend. I know you will have stories to share.

Karen Davis - June 03 at 06:12 PM

DM

“ I remember uncle FRANK coming to my house in Suffolk Virginia to visit my mom, his sister Virginia. It was her birthday. I cooked them both filet mignon’s on the grill, baked potatoes, salads, and garlic toast. I was their waitress. I serve them their dinner and let them enjoy it between the two of them. It was such a memorable day. I love you and will miss you, uncle FRANK.

Debra Tew McCrary - June 03 at 04:27 PM